ONEOHIO

RECOVERY FOUNDATION

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RECOVERY HOUSING

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Introduction to Recovery Housing

OneOhio Foundation March 2024

Objectives

Recovery Housing Basics

Levels of Support

Recent Changes to RH Regulations

Opportunities to Grow

Who is Ohio Recovery Housing

Ohio Recovery Housing is alliance of organizations and individuals operating quality recovery housing in Ohio.

What we do

Certification Process	Develop Recovery Housing Resources	Educate and Inform on Recovery Housing
• As the NARR affiliate in Ohio we create and maintain a review process for standards of excellence for recovery housing.	• Provide training opportunities • Brief Advice on how to operate quality housing • Produce Reports and guides • Coordinate with OhioMHAS on Recovery Housing Development Guidebook	• Work to ensure stakeholders and decision makers know what quality recovery housing looks like • Advocate for recovery housing as a critical piece of the continuum of care for people in recovery

Recovery Housing is

- **"Recovery housing Residence"** means housing for individuals recovering from alcohol use disorder or drug addiction that provides an alcohol-free and drug-free living environment, peer support, assistance with obtaining alcohol and drug addiction services, and other alcoholism and drug addiction recovery assistance.

- *- Ohio Revised Code, Chapter 5119.01(A)(17)*

Recovery Housing is Housing

- Resident Driven Length of Stay

- Free Choice in Treatment

- Operate as a Landlord

- Homelike environment

- **Recovery Housing is not TREATMENT**

- **Recovery housing is NOT an adult care facility or residential care facility**

Do people *normally* do this in their own home?

NARR National Association of Recovery Residences	RECOVERY RESIDENCE LEVELS OF SUPPORT			
	LEVEL I Peer-Run	LEVEL II Monitored	LEVEL III Supervised	LEVEL IV Service Provider
ADMINISTRATION	• Democratically run • Manual or P& P	• House manager or senior resident • Policy and Procedures	• Organizational hierarchy • Administrative oversight for service providers • Policy and Procedures • Licensing varies from state to state	• Overseen organizational hierarchy • Clinical and administrative supervision • Policy and Procedures • Licensing varies from state to state
SERVICES	• Drug Screening • House meetings • Self help meetings encouraged	• House rules provide structure • Peer run groups • Drug Screening • House meetings • Involvement in self help and/or treatment services	• Life skill development emphasis • Clinical services utilized in outside community • Service hours provided in house	• Clinical services and programming are provided in house • Life skill development
RESIDENCE	• Generally single family residences	• Primarily single family residences • Possibly apartments or other dwelling types	• Varies – all types of residential settings	• All types – often a step down phase within care continuum of a treatment center • May be a more institutional in environment
STAFF	• No paid positions within the residence • Perhaps an overseeing officer	• At least 1 compensated position	• Facility manager • Certified staff or case managers	• Credentialed staff

(Row label at left: STANDARDS CRITERIA)

Level 1,2,3 = recovery housing

Level 4 = residential treatment

What Levels are most important?

A full continuum of recovery supports is needed.

All levels of recovery housing are important

Must look at your target population and their needs

Why different levels?

Higher levels of support are designed for people who are earlier in recovery

Offer more supports
Staffing
More check ins on recovery plans
More secure medication policies

Lower levels are designed for people with more time in recovery

Offer more resident leadership development

Changes to Recovery Housing Policy

- Starting October 3, 2024 all recovery homes must register

- Starting January 1, 2025 all recovery homes must be certified to remain on the registry.

- Only homes on the registry can
  - Receive funding
  - Receive referrals from community behavioral health providers
  - Hold the property out to be a recovery home, sober living OR any other housing that is drug and alcohol free for people with substance use disorders

Laws that apply to Recovery Housing

Landlords	Building Codes	Employment	Tax Laws
• Landlord Tenant Law • Federal and State Fair Housing	• Follow all building and health and safety codes	• Follow employment laws	• Ohio Charitable Law for non-profit organizations • All other tax laws

What are the quality standards?

Administrative Operational	Recovery Support	Property and Architecture	Good Neighbor
Operate with Integrity	Promote Health	Promote Recovery	Compatible with neighborhood
Uphold Resident Rights	Provide a Home		Responsive to neighbors
Recovery Oriented	Inspire Purpose	Promote Health and Safety	Courtesy Rules
Peer Staffed/ Governed	Cultivate Community		
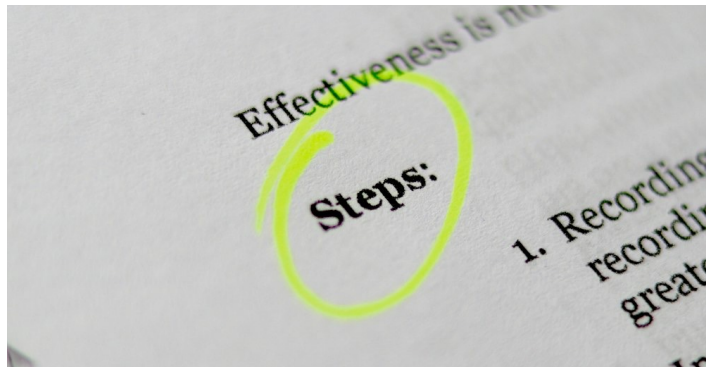
Application Process

1. Complete Online Application
2. Submit Organizational Policies and Procedures
3. Review Policies
4. Conduct Onsite Visit and Interview
5. Review the Physical Property
6. Correct any items that need addressed
7. Approval for 2 years
8. Reapply for recertification after 2 years

What is the need for Recovery Housing in Ohio?

We used CAST Assessment to Help us Answer that Question

$$\frac{\text{Relevant Population * Program usage rate * Frequency}}{\text{Group size}}$$

Relevant population – Estimate of the total number of individuals in a county or region who could use the intervention (broken down further below)

Usage rate – Estimate of the eligible population who are likely to use the service

Frequency – Estimate of the frequency with which the population will use the service in one year

Group size – Estimate of the total number of individuals who are served by an intervention (units vary by intervention type)
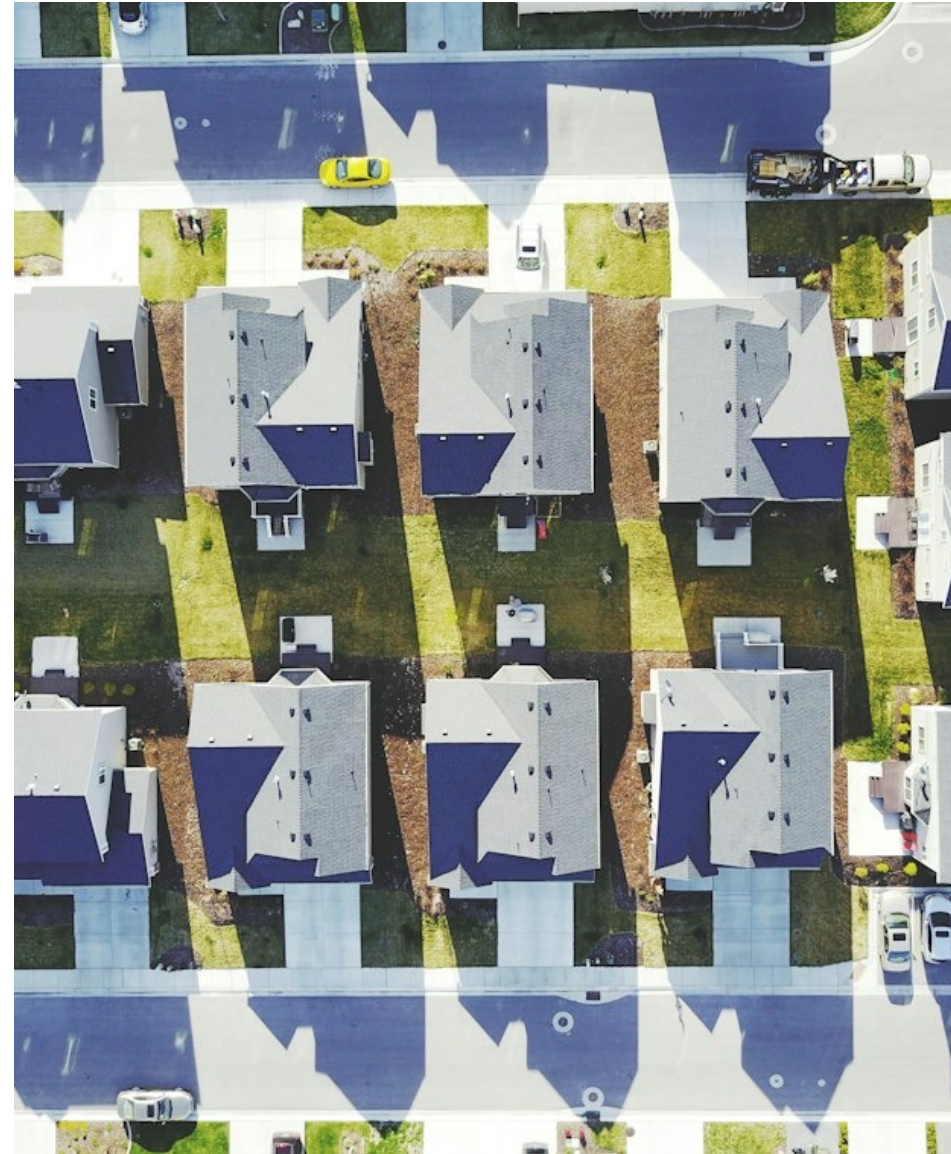
Inclusion Criteria

- Certified by ORH

- Applied for certification in past 5 years

- Applied for state or federal funds to support recovery housing

- Reported to be offering recovery housing by local county boards of mental health and addiction services

- Completed an online survey from ORH

Sample – Housing capacity

- 300 organizations
- 800 residences

# Results – Level 1 (state)

Table 1. Statewide estimates of Level 1 recovery housing bed capacity - By sex

Statewide Bed Needs - Level 1			
INTERVENTION	ESTIMATED NEED	CURRENT CAPACITY	ESTIMATED PERCENT OF NEED MET
All	5,769	456	8%
Female	1,826	238	13%
Male	3,943	335	8%

Figure 2. Overall proportion of need for recovery housing bed met by current capacity in Ohio

Proportion of Need Met by Current Bed Capacity
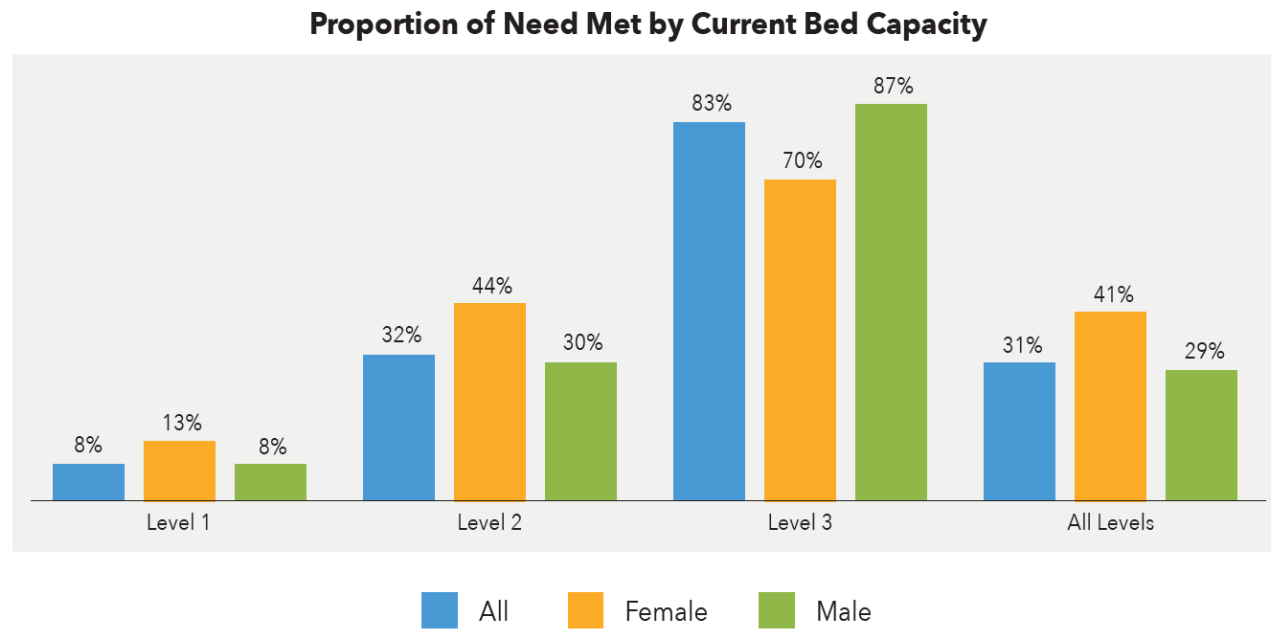
Counties/Service Areas with no RR

Figure 4. Counties and regions with no recovery housing at any level

Number of residences
- At least one residence
- No residences at any level
- Region
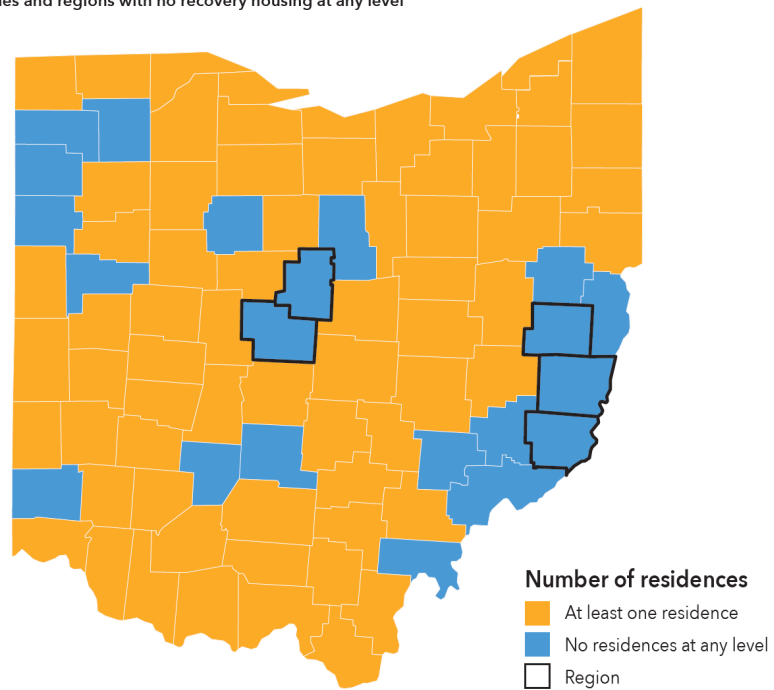
Results – By County/Service Area

Table 5. Estimated percent of need met for Levels 1-3 by Behavioral Health Authority Region

REGION	Level 1			Level 2			Level 3		
	All	Female	Male	All	Female	Male	All	Female	Male
Adams, Lawrence, Scioto	0%	0%	0%	59%	57%	60%	386%	565%	262%
Allen, Hardin, Auglaize	0%	0%	0%	102%	116%	96%	187%	167%	200%
Ashland	0%	0%	0%	15%	30%	8%	121%	298%	0%
Ashtabula	0%	0%	0%	36%	20%	43%	0%	0%	0%
Athens, Hocking, Vinton	9%	0%	13%	33%	46%	28%	71%	0%	118%
Belmont, Harrison, Monroe	0%	0%	0%	0%	0%	0%	0%	0%	0%
Brown	0%	0%	0%	16%	0%	23%	0%	0%	0%
Butler	0%	0%	0%	0%	0%	0%	0%	0%	0%
Champaign, Logan	0%	0%	0%	21%	38%	17%	0%	0%	0%
Clark, Greene, Madison	0%	0%	0%	22%	44%	12%	51%	60%	46%
Clermont	0%	0%	0%	17%	23%	15%	0%	0%	0%
Clinton, Warren	0%	0%	0%	3%	0%	4%	34%	26%	39%
Columbiana	0%	0%	0%	5%	0%	7%	0%	0%	0%

Net Economic Benefit

- Lo Sasso et al. (2012)
  - Net economic benefit – overall savings and benefits for indiivduals and society

Net Economic Benefit = Cost-Savings + Cost-Benefit

- Estimated cost-savings from funded recovery housing (2022): $34,897,500

- Estimated total economic benefit of recovery housing (2022): $51,042,000.

Financial impact of increased enrollment

Table 6. Potential cost impacts of 10% or 25% increased enrollment in recovery housing in Ohio

Economic Impact of Increased Enrollment		
SCENARIO	COST-BENEFITS	COST SAVINGS
10% increase in enrollment	$3,489,750	$8,593,950
25% increase in enrollment	$8,724,375	$21,484,875

How Can OneOhio Help?

Establishment of homes in areas of need

Support Existing Homes

Resident Development

How do recovery homes get funded?

- Funding is limited

- Medicaid/ health insurance do NOT pay for housing

- Public dollars commonly flow through your local ADAMH board

Advice

- Connect with ADAMH Board

- Sign up for NewsNow updates from OhioMHAS

- Connect with local foundations

- Be cautious of contracts and other funding sources promising paid rent in return for treatment services

Establish New Homes

Ohio Needs more Level I, Level II housing

Ohio Needs housing in rural areas

Ohio Needs housing for families with children

Support Existing Homes

- Help residents access housing that is there
  - Rent and Utility Subsidies
- Support Workforce Development
  - Peer to Career models
  - Alumni workforce programs
  - Training and Education to attract individuals to the field
  - Incentives to keep good individuals in the field
- Critical Repairs Funds for Properties

Resident Development

Support for individual resident development

- Establish job training programs

- Social Enterprises

- Family Connections

- Child Care Services

ORH Can Help by Offering Short Term Technical Assistance and Support