



**IMPACT ACADEMY:
RECOVERY SUPPORTS**

RECOVERY SUPPORT SERVICES:

SUSTAINING RECOVERY FROM SUBSTANCE USE DISORDERS IN OHIO

Presented By: Molly O'Neill, CEO
Ohio Citizen Advocates for
Addiction Recovery

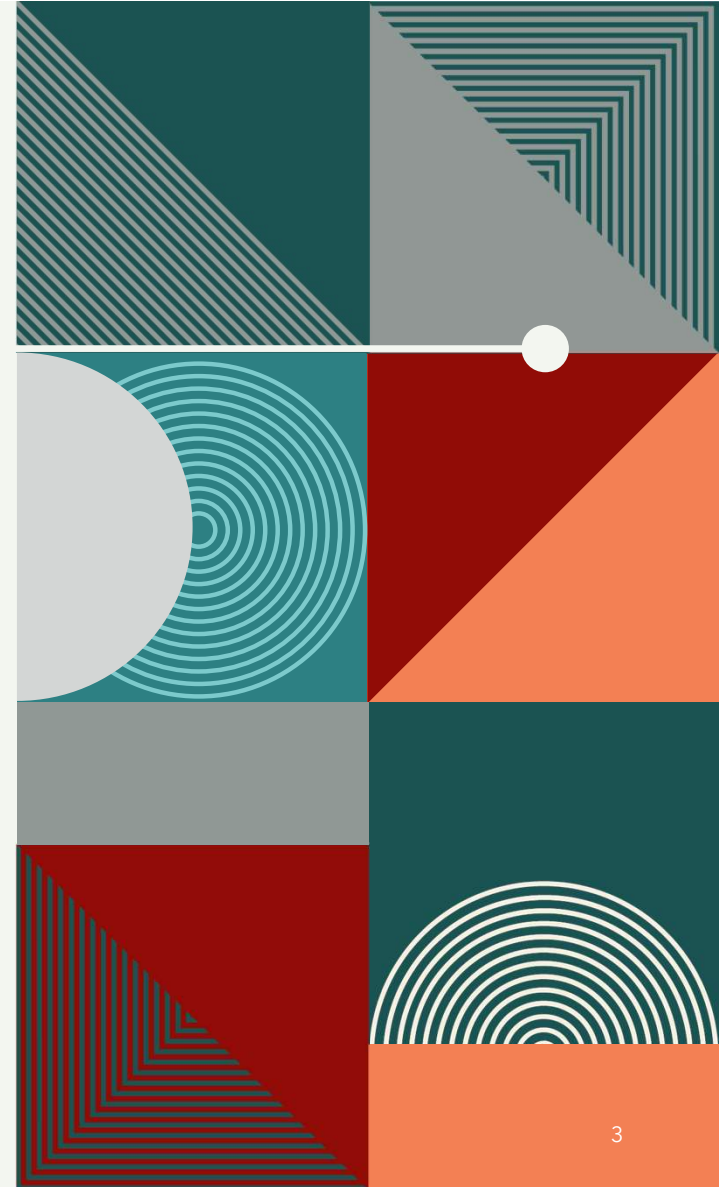
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AGENDA

- I. Introduction
- II. Definitions
- III. Four Major Dimensions of Recovery
- IV. Recovery Oriented Systems of Care
- V. RCO's and Peer Support
- VI. Equity Call-Out
- VII. Measuring Impact
- VIII. Funding: Now and in the Future



APPROXIMATELY 10% OF THE ADULT POPULATION SUFFERS FROM SUBSTANCE USE DISORDER

Substance Use Disorder is a Brain Disease





STIGMA

Bad People who need to straighten up!

Good People with a Brain Disease.

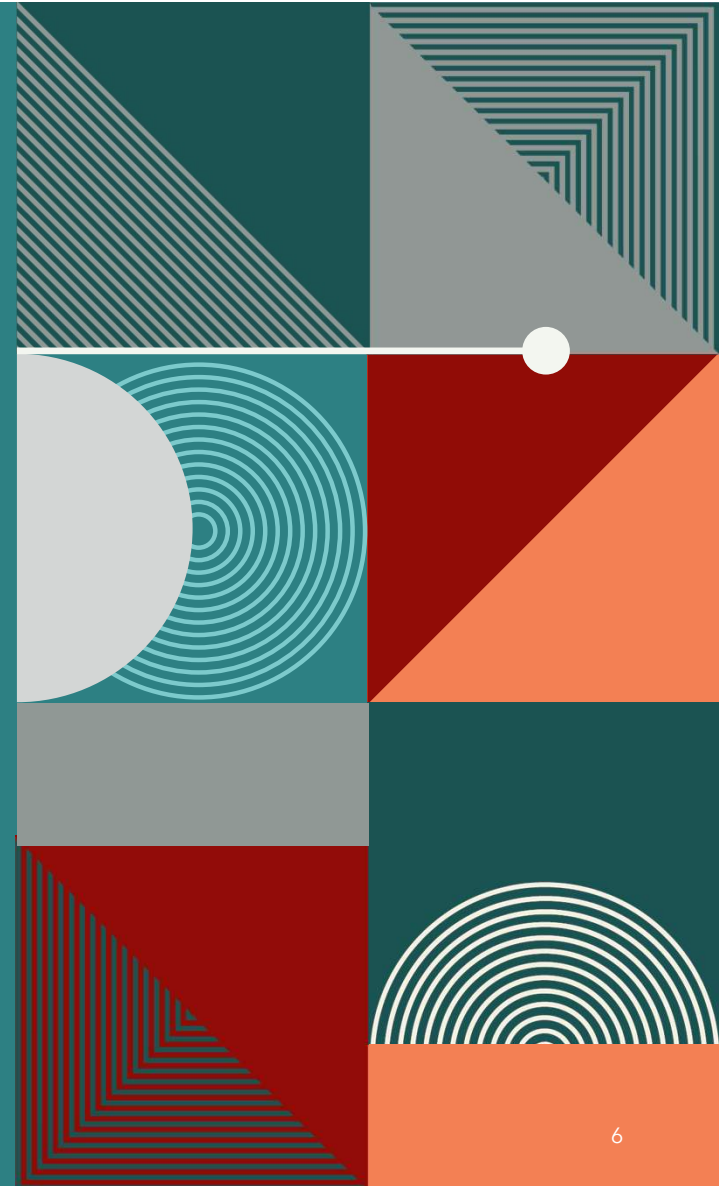
If (he/she/they) loved their family, they would quit!

They love their family just like people with Cancer love their families.

WHAT IS RECOVERY?

According to the *The United States Department Health and Human Services Division of Substance Abuse and Mental Health Services Administration*:

“Recovery is a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.”



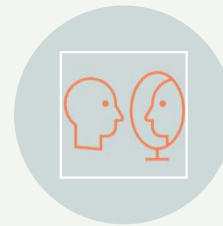
FOUR DIMENSIONS OF RECOVERY:



HEALTH



HOME



PURPOSE



COMMUNITY

PATHWAYS TO AND OF RECOVERY

To Recovery:

- Intervention
- Family
- Job
- Homelessness
- Overdose
- Mental Health Crisis
- Physical Health Crisis

Of Recovery:

- 12-Step Programs
- Smart Recovery
- Celebrate Recovery
- Medication Assistance
- Faith Based Recovery
- Dual Diagnosis Recovery
- Nature Based Recovery



RECOVERY ORIENTED SYSTEM OF CARE





WHAT ARE "RECOVERY SUPPORT SERVICES"?

Community Resources

Peer Supported

Strengths-Based

Across the LifeSpan

Culturally Congruent

Equitably Resourced

RECOVERY ORIENTED NETWORK OF COMMUNITY BASED SERVICES:



www.theartist.me

Art As Therapy

How art helps us grow and evolve in our understanding of each other, and the world we live in?

Based on the book *Art as Therapy*, Alain De Botton and John Armstrong identify seven functions of art:

- Appreciation**: Art helps us see the world of everyday things in a new way, with a sense of wonder and awe. It allows us to see the world as it is, not as we wish it to be.
- Memory**: Art helps us remember the things that we care about, and the people that we love. It is a way of preserving the past and the present.
- Growth**: Art helps us see the world in a new way, and it allows us to grow and evolve. It is a way of seeing the world as it is, not as we wish it to be.
- Hope**: Art helps us see the world in a new way, and it allows us to hope. It is a way of seeing the world as it is, not as we wish it to be.
- Self Understanding**: Art helps us see the world in a new way, and it allows us to understand ourselves. It is a way of seeing the world as it is, not as we wish it to be.
- Sorrow**: Art helps us see the world in a new way, and it allows us to feel sorrow. It is a way of seeing the world as it is, not as we wish it to be.
- Re-balancing**: Art helps us see the world in a new way, and it allows us to re-balance. It is a way of seeing the world as it is, not as we wish it to be.

Art is not a handcraft; it is the transmission of feeling the artist has experienced. - Leo Tolstoy

ART/ST



MILLIE SMITH

Illustration & Graphic Design

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ABOUT

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet dolore magna aliquam erat volutpat.

INTERESTS

- Music
- Film
- Photography
- Travel

WORK EXPERIENCE

- Graphic Designer**
Company name
2018 - Present
Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet dolore magna aliquam erat volutpat. Ut wisi.
- Junior Graphic Designer**
Company name
2017 - 2018
Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet dolore magna aliquam erat volutpat. Ut wisi.

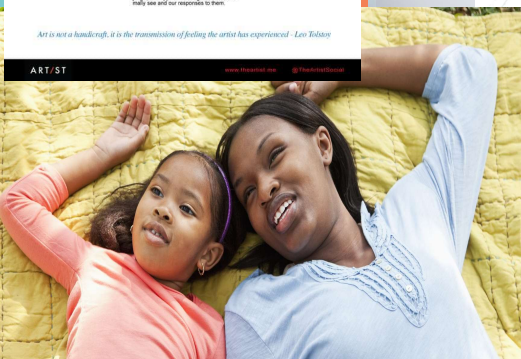
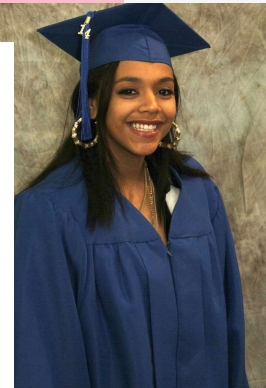


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making connections focus authentic perspective trust



1st year student

Collaborative Approach

Revisiting

Info searching

Peer Support

Learning to learn module

Students struggle with basic literacy skills

develop a literacy process

we're creating LEARNING EXPERIENCES

great memories!

feedback

TIMING IS EVERYTHING!

SPIN DO U R A C T I O N

Week 10: Final Feedback

Week 12: Final

Week 13: Final

Week 14: Final

Week 15: Final

Week 16: Final

Week 17: Final

Week 18: Final

Week 19: Final

Week 20: Final

Week 21: Final

Week 22: Final

Week 23: Final

Week 24: Final

Week 25: Final

Week 26: Final

Week 27: Final

Week 28: Final

Week 29: Final

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Week 96: Final

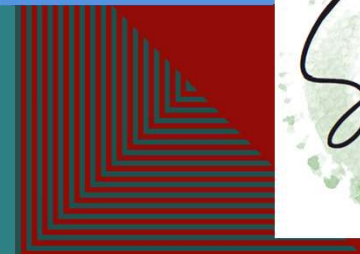
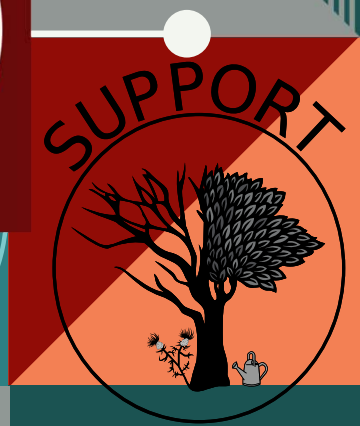
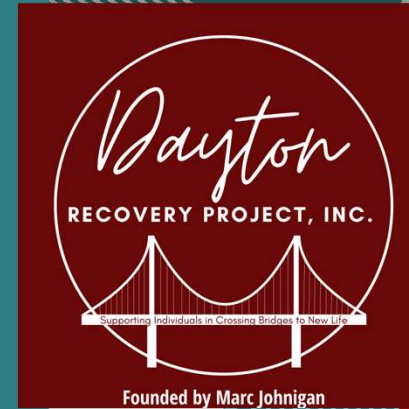
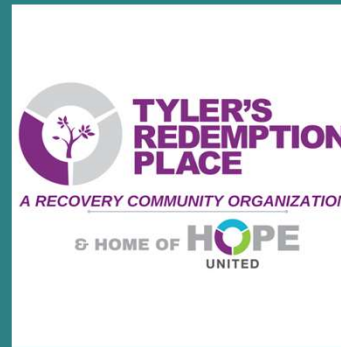
Week 97: Final

Week 98: Final

Week 99: Final

Week 100: Final

RECOVERY COMMUNITY ORGANIZATIONS

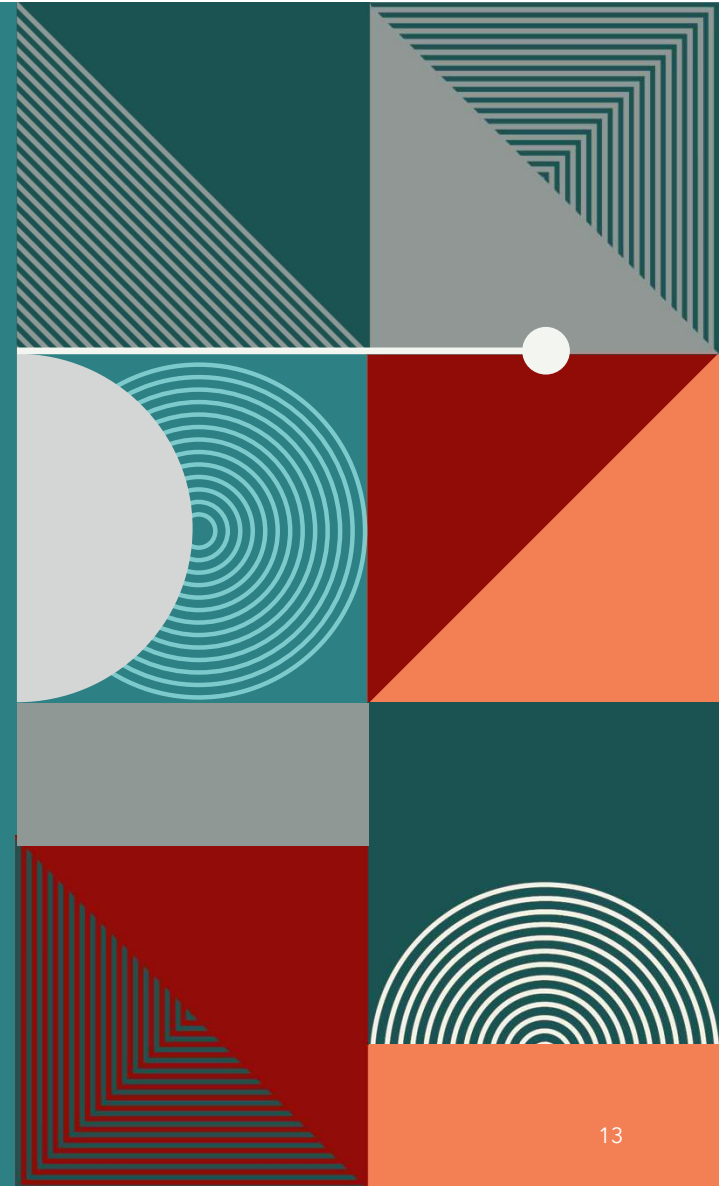


CERTIFICATION FOR RCO'S AND PRO'S

Certification of Recovery Community Organizations (RCOs) and Peer Run Organizations (PROs) is required by the Ohio MHAS.

This is a step to provide some standard of practice organizations.

National Certification of Recovery Community Organizations is coming via FAVOR



The background features a grid of squares with various geometric patterns. The top-left square has teal concentric lines. The middle-left square has a red circle and teal concentric lines. The middle-middle square has orange concentric lines. The middle-right square has red concentric lines. The bottom-left square has a red circle and teal concentric lines. The bottom-middle square has orange concentric lines. The bottom-right square has teal concentric lines. A white line with a circle at the end points from the middle-right square towards the text.

**IN RECOVERY
WE DON'T ALL
WALK THE SAME
PATHWAY BUT
WE'RE ALL GOING
THE SAME
DIRECTION**

WHAT DO RECOVERY SUPPORT PROVIDERS DO?:

Job Readiness Skills

Access to Legal Services

PEER Support

Support with Acquiring Legal Documents

Teach How to Connect with Others

Basic Life Skills

Financial Skills

Referrals

Recreation and Physical Fitness

All Pathways to Recovery Support Groups

Spiritual Exploration

Medical Health Care

Dental Health Care

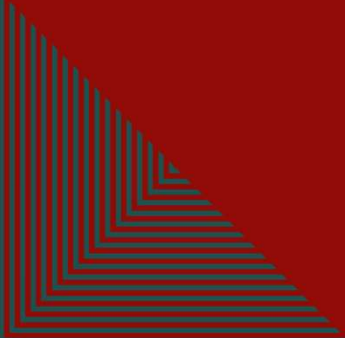
Parenting Education

CERTIFIED PEER RECOVERY SUPPORTERS



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Peer Recovery Support:
Leveraging Personal Experience
in Helping Others



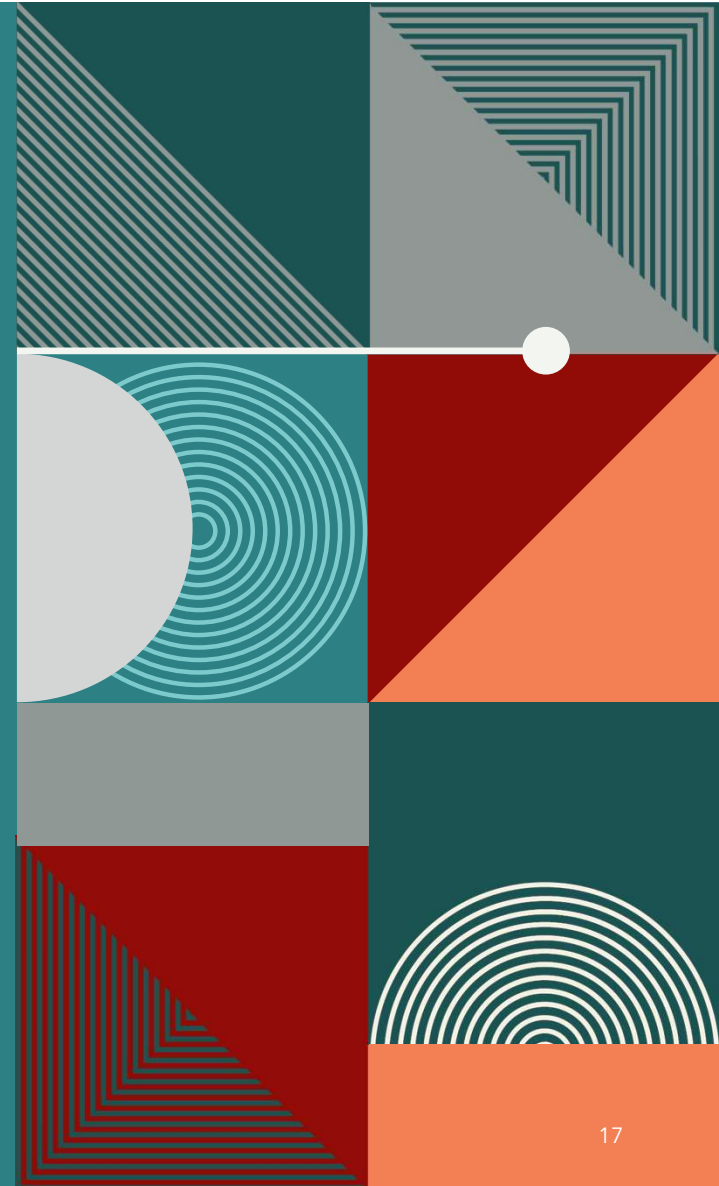
WHAT IS A CERTIFIED PEER RECOVERY SUPPORTER? A PROFESSIONAL.

There are 3 pathways to PRS certification.

1. Complete the Ohio Department of Mental Health and Addiction Services (OhioMHAS) 40-hour Peer Recovery Supporter Training

2. Complete a 40-hour Peer Recovery Supporter Training through an outside organization (must be a training model approved by OhioMHAS)

3. Have 3 or more years of formal, verifiable experience providing behavioral health peer services.





**TO LEARN MORE
USE THE FOLLOWING**

● **URL:
ohiopeercertification
@mha.ohio.gov**

ARE ALL OHIOANS ABLE TO ACCESS RECOVERY SUPPORT SERVICES?

communication education
community-based vulnerable

marginalized

trauma awareness work transportation
relationships poverty equity factors outcomes
social HIA care sustainable racism
justice economy exercise parks cohesion
segregation policy diet
insurance determinants inequity
environment collaborations programs built

health

ethical
impacts
services
transparency



HOW DO WE KNOW RECOVERY SUPPORTS WORK?

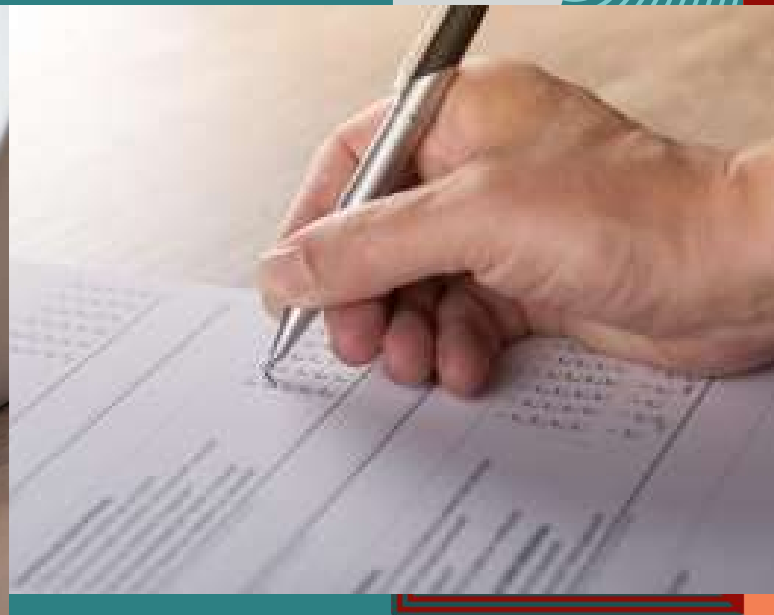
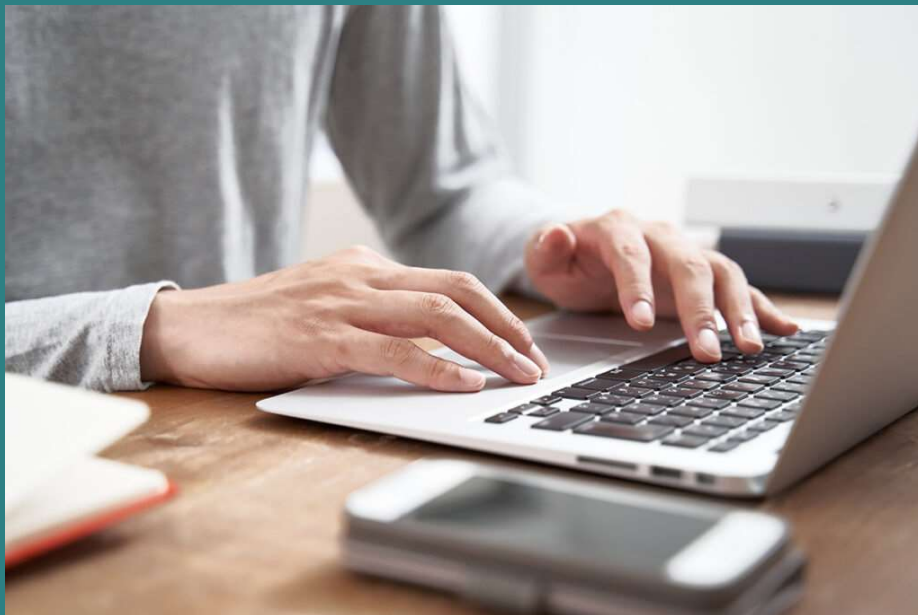
Recovery Capital Index

DATA

Stories

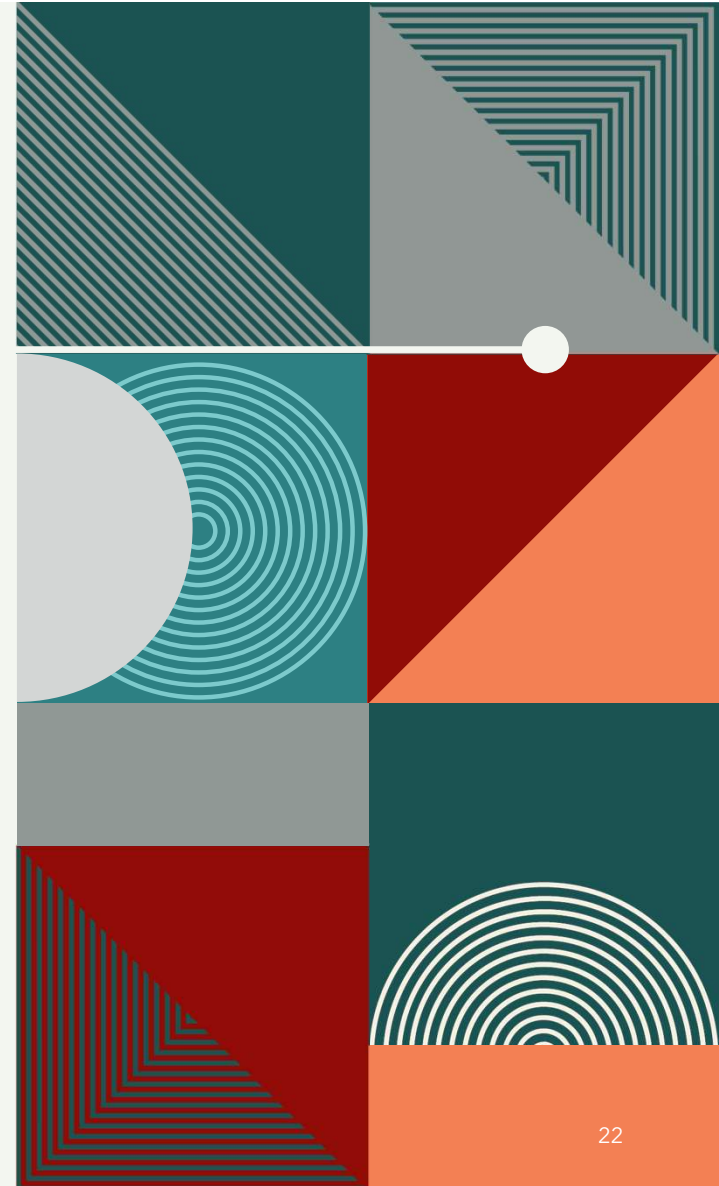
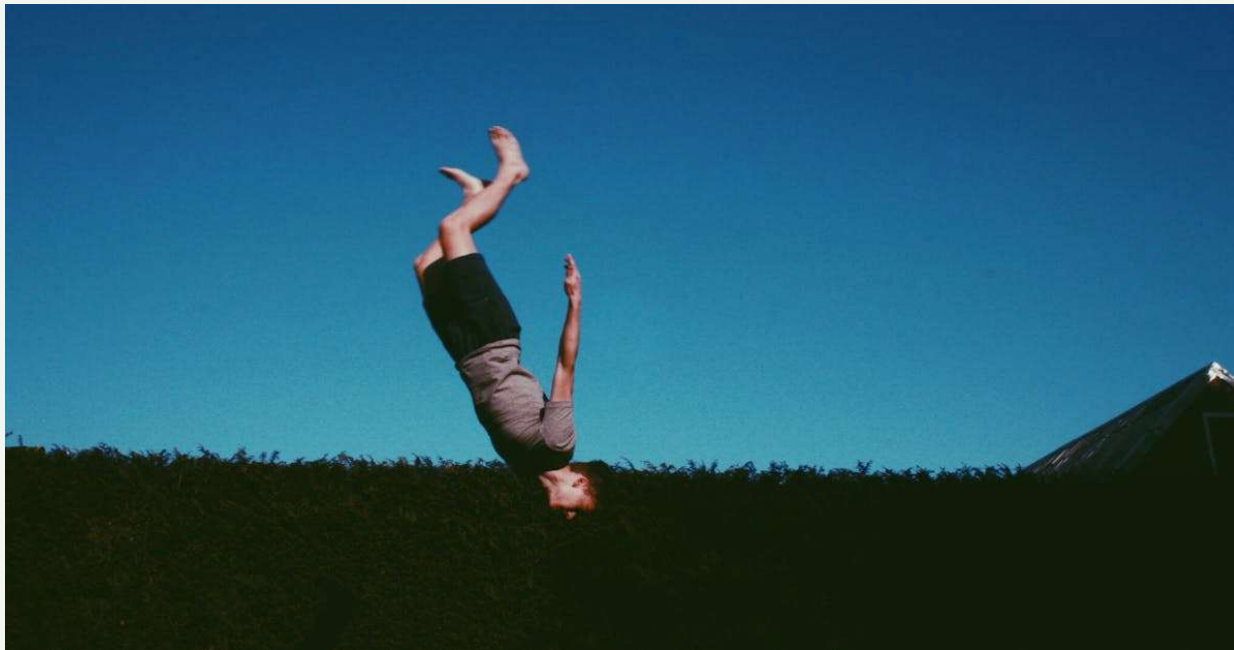
BE PREPARED TO MEASURE YOUR WORK

- Recovery Supports Services are Evidence Based Practice that include tools / instruments for measuring their efficacy.



FUNDING FOR RECOVERY SUPPORT SERVICES

The Funding Model for SUD



OHIO CITIZEN ADVOCATES FOR ADDICTION RECOVERY

MISSION

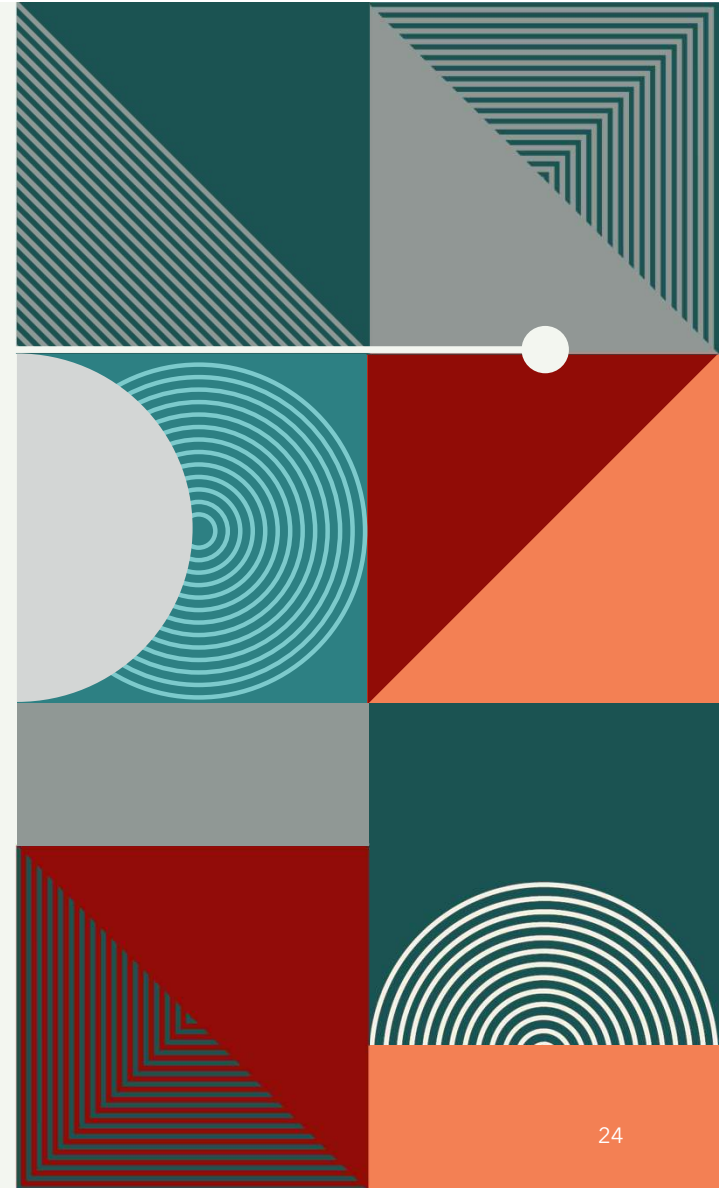
To advocate for those in and seeking recovery from a substance use disorder to ensure political, social, educational, and economic equality.



VISION

Every citizen in the state of Ohio has access to recovery support services throughout the lifespan of the disease and barriers to recovery resulting from the stigma and discrimination associated with addiction are eliminated. Policy decisions are based on the medical model of addiction and are informed by individuals and their friends and families who have been impacted by addiction. OCAAR believes that improved processes, empowerment and access to care for those in and seeking recovery will benefit the entire community.

NOTHING ABOUT US WITHOUT US





**THANK YOU
ON BEHALF OF
OHIO'S
RECOVERY
COMMUNITY**



IMPACT ACADEMY WEBINARS



March 5 at 10 a.m.

Recovery Housing

Featured Speaker:
Danielle Gray,
Ohio Recovery Housing



March 11 at 2:30 p.m.

Recovery Supports

Featured Speaker:
Molly O'Neill,
OCAAR



March 20 at 10:30 a.m.

Prevention

Featured Speaker:
James Syphax,
Prevention Action Alliance

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